LTC +: Acting on Pandemic Learning Together

July 27, 2020
12:00 – 1:00 p.m. ET
SESSION
OBJECTIVES

• Introduce the report *Re-Imagining Care for Older Adults: Next Steps in COVID-19 Response in Long-Term Care and Retirement Homes – What We Heard*

• Learn from our panelists about challenges and solutions to care for older adults during the pandemic

• Start working together to spread and scale the promising practices and next steps in COVID-19 response in LTC+
40 interviews with family partners and health system leaders over a three-week period May/June

• Contributing factors to COVID-19 outbreaks in LTC and retirement homes in Canada

• Promising practices with the potential for short-term spread and scale

• Maintaining essential non-COVID-19 care for older adults through 2020 and beyond
What Happened in March to May 2020 in LTC and Retirement Homes in Canada?
Promising Practices

- Preparation
- Prevention
- People in the Workforce
- Pandemic Response and Surge Capacity
- Plan for COVID and non-COVID care
- Presence of family
Preparation

Have homes updated implementation of Infection Prevention and Control (IPAC) standards and training?

Have homes met with regional partners to co-design response plans for different outbreak scenarios (e.g. using tabletop simulations)?

Have homes and/or others secured Personal Protective Equipment (PPE) supply and management arrangements?

Are third-party assessment and guidance to ensure adherence to IPAC protocols being leveraged?
Prevention

Are homes regularly and systematically testing, even those without symptoms? Do homes have rigorous contact tracing protocols in place?

Have homes implemented universal masking and other IPAC precautions?

Have homes worked with partners to optimize care models, to reduce the number of outside care providers coming into the home and to manage how often residents need to leave for care?

Are approaches in place to reduce the number of people who are waiting in hospital for other types of care and/or who need long-term care?
People in the Workforce

- Have homes stabilized and reinforced staffing, as well as working conditions and psychological health and safety?

- Are staff limited to working in only 1 higher risk environment and are supports in place to make this possible?

- Are there plans to increase capacity through training and recruitment as required?

- Are the community-transmission risks that staff and their families may face understood and mitigated where possible?
Pandemic Response and Surge Capacity

Do homes have formal, clear, and well-communicated plans of where they will turn for assistance if there is an outbreak?

Is there a pre-agreed plan for surge support for every home if needed that will ensure a robust response?

Are surveillance methods in place (e.g. data/dashboards) to proactively identify where surge capacity may be needed?

How will homes reduce the risk of cross-infection in the case of an outbreak involving residents (e.g. testing before cohorting residents who are or are not infected)?
Plan for COVID-19 and non-COVID-19 care

- Have homes stabilized clinical leadership (e.g. medical director) and ensured back-up?

- Do all residents have access to high quality primary health care that does not require them to leave the home during an outbreak?

- Have arrangements for access to needed specialty care been put in place?

- Do all residents have up-to-date, person-centred, integrated care plans in place?

- Have palliative approaches to care been embedded in the home’s processes and culture?
Do homes recognize and support family caregivers as essential partners in care?

Have policies regarding family presence been revisited with resident/family representatives at the table?

Have harm reduction approaches been considered to support family presence (in-person and/or virtually) and are appropriate infrastructure, supplies, and policies in place?

If family caregivers are not permitted in the home, what are the alternate plans for ensuring that the care and services (e.g. assistance with eating, translation) that they normally provide are not compromised?
Panel Discussion
Questions?
Now What?

- Check out the promising practices
- Connect with resident/family partners
- Complete the self-assessment & set goals
- Learn & share via the virtual learning series to improve care
Mark Your Calendar

August 10, 2020

Virtual Learning Series #1:
Family Presence in LTC+ with Dr. Nathan Stall and Dr. Samir Sinha

Register [here](#).
Supporting organizations

More to come...
QUESTIONS?

Visit our [website](#) for more information

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