



**SPOTLIGHT SERIES PRESENTS**

# **Advance Care Planning and Serious Illness Conversations**

**Monday, May 11, 2020  
2PM ET**



# What is the Imperative?

// I think what COVID has done is brought into sharp focus the need for people of all ages and all states of illness or health to actually think these things through. //

- Dr. Sunita Puri, Director Palliative Medicine, University of California

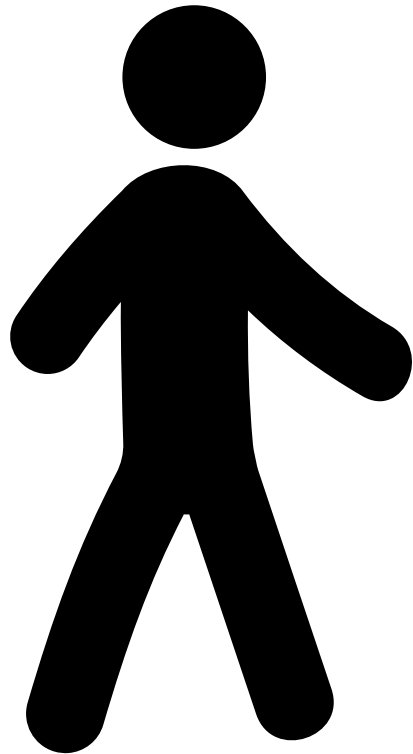
# What Does Quality Mean?

- The person, their family and care providers work in partnership to communicate, plan, set goals of care and support informed decisions
- The person's expressed wishes for care are respected
- Connections are made in a way that is individually and culturally respectful
- Providers have the education, skills and supports

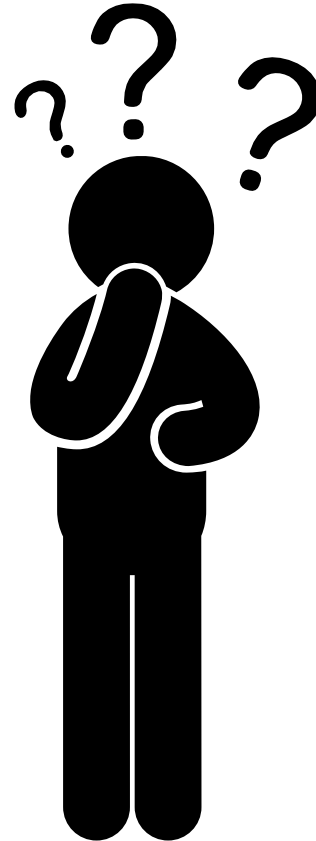
# Current State In Canada

- 2019 Speak Up National Poll
  - Eight in ten Canadians have given end-of-life care some thought, but less than one in five has an advance care plan (ACP).
  - Most frequently Canadians report thinking it is important or somewhat important to talk to family or a healthcare provider about care near the end of their lives. They also most frequently report talking to family or talking to no one about end-of-life care.
  - More than half of Canadians (54%) have given some thought to care near the end of their lives; 20% have given it no thought.
  - Most frequently (36%), Canadians say they have talked to their family about their future care; 21 % say they have not talked to anyone

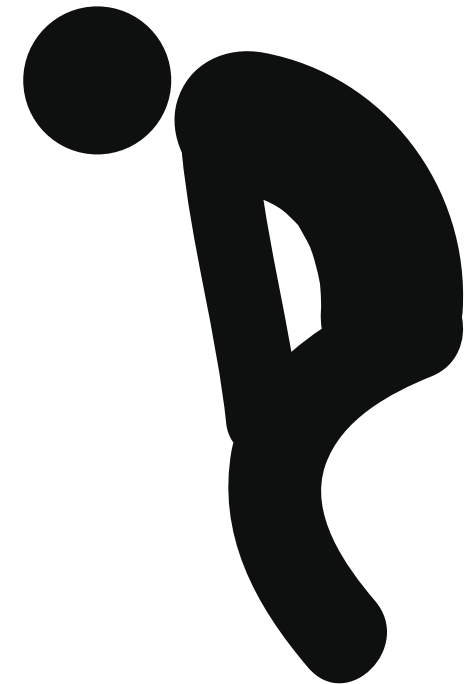
# Decision Making Continuum



Healthy and at Home



Faced with Serious Illness



Faced with Treatment  
Decision for Self or Other

# Identifying the intervention

## What is a Serious Illness Conversation

### It is:

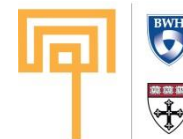
- Asks patients about **values and goals** using a structured format
- **Shares prognosis**, when appropriate
- De-emphasizes treatments and procedures
- **Occurs early** in the course of a serious illness
- Provides a foundation for making decisions in the future
- Should be **reviewed/revisited** over time
- Is valuable and therapeutic even if medical decisions are not being made

### It is not:

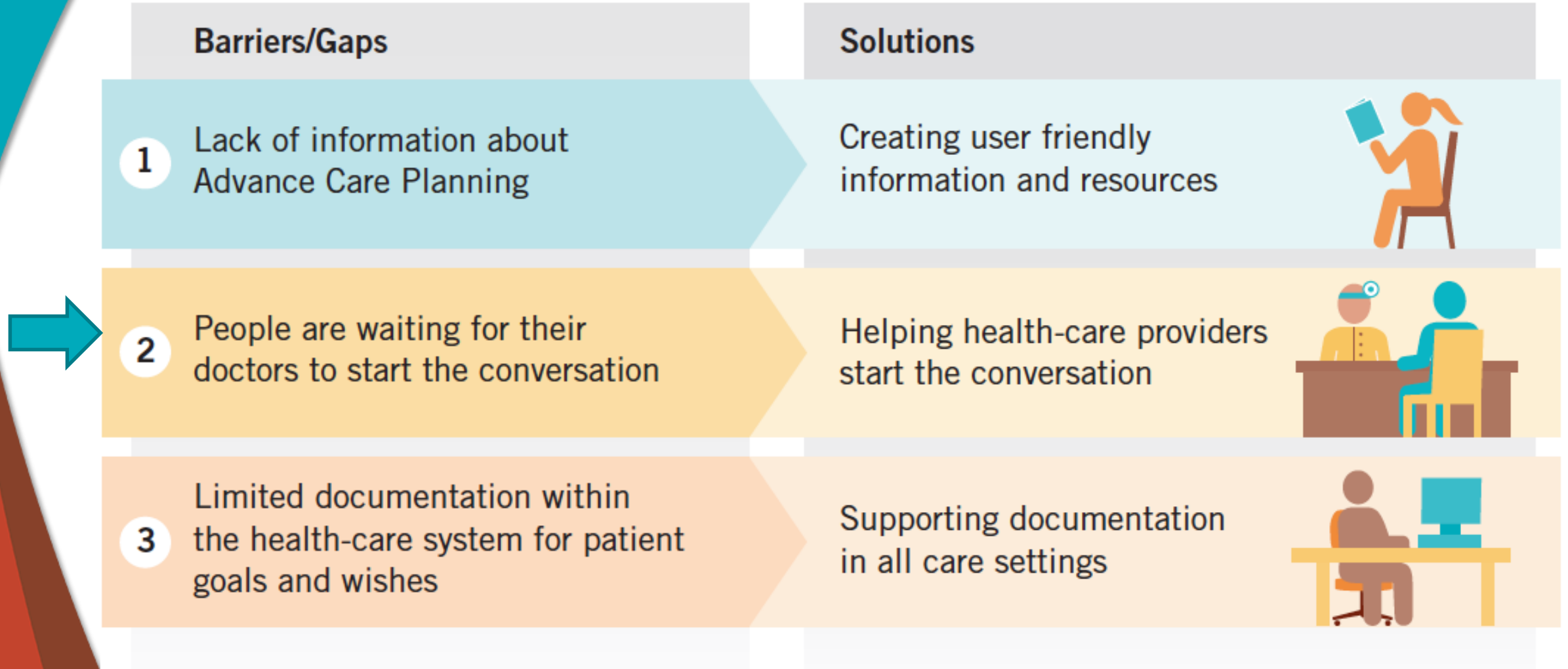
- A conversation solely focused on medical decisions
- A code status conversation
- A MAiD discussion

### BUT

- Can be used to inform medical decisions/care planning, *when* appropriate
- Are valuable even if a patient is already DNR/No CPR
- Can and should come before a conversation about medical orders
- Can be used even if a patient has as formal Goals of Care/ or Medical orders related to levels of care as a way of revisiting values, goals, and decisions

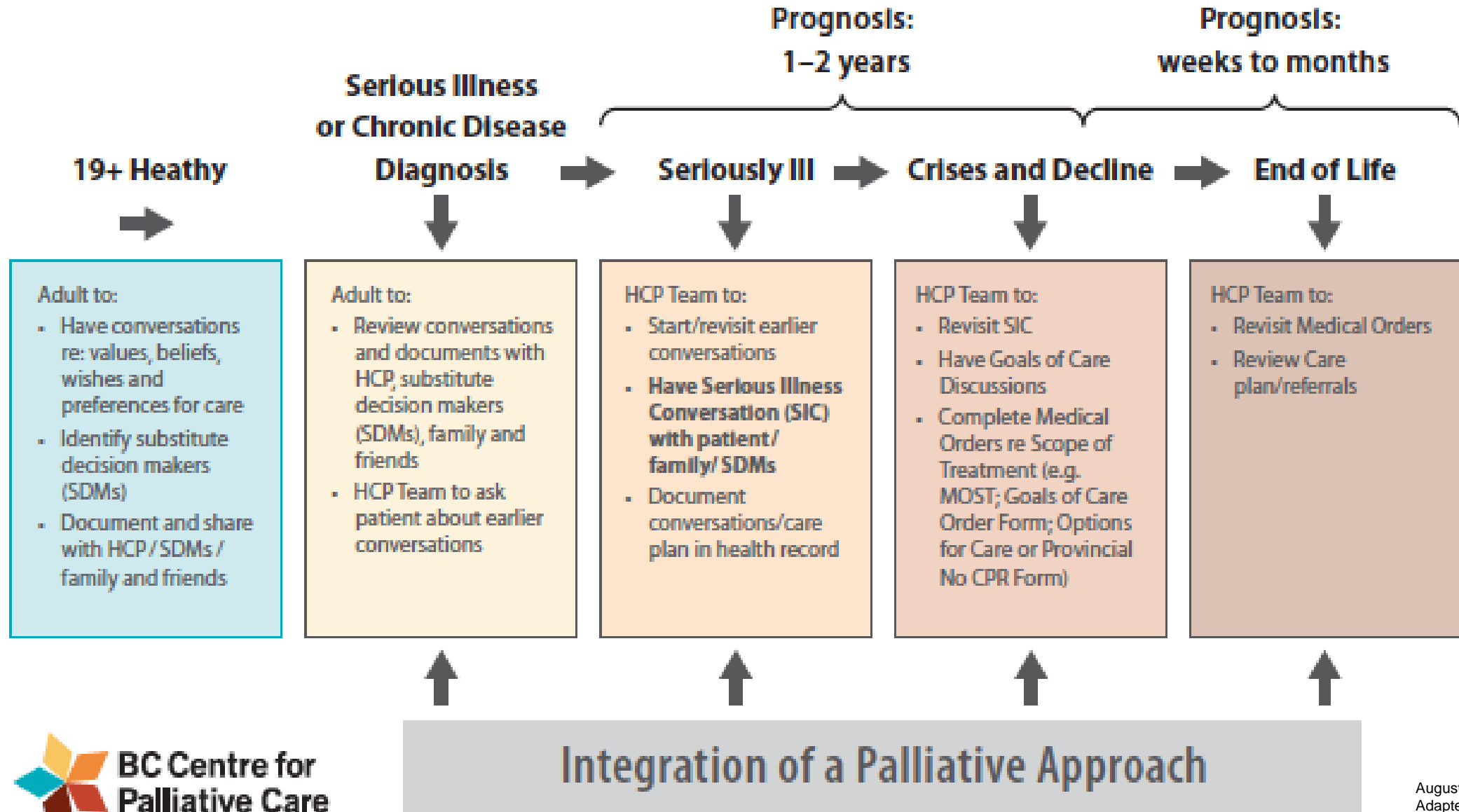


# Identifying the gap



# Advance Care Planning for Adults in BC

## “ More, Better, Earlier Conversations”





# Implementation is a Journey

## Serious Illness Conversations Initiative Implementation Roadmap for B.C.

ARIADNE LABS Adapted from Ariadne Labs



### PHASE ONE: BUILD FOUNDATION ▶

1



Convene an Exploratory Committee



Assess Readiness



Engage Leaders and Colleagues



Determine Program Goals



Recruit Implementation Team



Create Drivers for Program Use



Construct Budget and Obtain Approval

### PHASE TWO: PLAN IMPLEMENTATION ◀

2



Plan Outreach and Communication Strategy



Develop a Training Plan for Frontline Clinicians



Recruit Master Trainers



Develop/Modify the EMR

2

2



Prepare for Quality Control



Prepare for Monitoring and Evaluation



Support & Educate Customized Clinic Workflow for Conversation

### PHASE THREE: LAUNCH FACILITATOR TRAINING ▶

3



Initiate & Conduct Clinician Training Workshops



Begin Facilitator Training



Identify Master Facilitators for Train the Trainer Events



Begin Master Facilitators Training



Debrief and Synthesize Lessons Learned



Plan for Performance Improvement



Create a Plan for Program Expansion

4



Develop Best Practice Standards for EMR Documentation



Promote the Program



Expand to New Sites (Phased)



Coach Debrief & Improve



Plan for Sustainability



Evaluate Impact

### PHASE FOUR: EXPAND, SUPPORT & EVALUATE ▶

**1 Hour ZOOM  
Just in Time  
Education**



- ⇒ Learn how to use the **Serious Illness Conversation Guide in the Time of COVID-19**
- ⇒ Practice skills using the **COVID-19 Conversation Guide**

# Serious Illness Conversations in the Time of COVID-19

For more information email Elizabeth  
Beddard-Huber [ebeddard-huber@bc-cpc.ca](mailto:ebeddard-huber@bc-cpc.ca)  
or Gillian Fyles [gfiles@bc-cpc.ca](mailto:gfiles@bc-cpc.ca)

# Additional Resources

- Improving communication and decision-making during serious illness - Webinar
- Resource Links
  - Speak Up Canada ([English](#) and [French](#))
  - Compassionate Communities ([English](#) and [French](#))
  - BC Center for Palliative Care ([English](#))
  - Ariadne Labs – Serious Illness Care ([English](#))
  - Canadian Virtual Hospice ([English](#) and [French](#))
  - Pallium Canada ([English](#) and [French](#))
  - Champlain Hospice Palliative Care Program ([English](#) and [French](#))