

## SPREADING HEALTHCARE INNOVATIONS IN A LAND OF PILOT PROJECTS: FROM SUSTAINABILITY TO SPREAD AND SCALE UP

June 4, 2014

8am-5pm (Reception 5-6pm)

Fairmont Banff Springs, Banff, Alberta



CFHI, working with our colleagues at the Institute for Healthcare Improvement and Kaiser Permanente, has designed and convened this workshop to help you and your team spread and sustain healthcare improvements within and across organizations and regions.

### Objectives:

1. Learn the basics of what makes an effort sustainable;
2. Understand concepts of readiness to spread and receive;
3. Learn different models of spread and how to choose based on readiness;
4. Learn to spread to local contexts; and
5. Apply concept of “testing your way to full scale” and begin planning for a spread project

### Pre-work:

1. Read *Spreading Effective Practices Toolkit 2013*, Kaiser Permanente
2. Review: *Readiness to Spread* and *Readiness to Receive* assessments and the *Spread Plan* template.
3. Bring details about one effort you are spreading or want to spread.
4. Attend preparatory webinar on May 7, 2014 at 12:00-1:30p.m. EST, or listen to the recording available at <https://cfhi-fcass.adobeconnect.com/p60z6hkjdj2k/>

To help achieve the objectives, participants will gain insight from presentations and facilitated discussions led by stellar faculty:

- Dennis Cleaver, Executive Director, Alberta Health Services' Seniors Health Strategic Network;
- Mollie Cole, Manager, Alberta Health Services' Seniors Health Strategic Clinical Network.
- Lori Mitchell, Researcher, Winnipeg Regional Health Authority Home Care Program;
- Marie Schall, Director, Institute for Healthcare Improvement
- Cynthia Sinclair, Special Projects Manager Winnipeg Regional Health Authority Personal Care Homes Program
- Lisa Shilling, National Vice President of Health Care Performance Improvement and Director of the Kaiser Permanente Improvement Institute;
- Terry Sullivan Professor and Senior Fellow, Institute of Health Policy Management and Evaluation, University of Toronto



## PROGRAM

Start	Finish	Topic	Presenter/Faculty
7:00 AM	8:00 AM	Breakfast	
8:00 AM	8:10 AM	Welcome Overview of QI Collaborative	Maureen O'Neil Linda Piazza
8:10 AM	8:30 AM	Introduction to Spreading Effective Practices Taking things to scale	Marie Schall
8:30 AM	9:10 AM	Leadership Role in Spread <ul style="list-style-type: none"> <li>• Leadership role in creating “attractors”</li> <li>• Group exercise 15 min</li> <li>• KP Cost and Quality initiative case study for visual boards and reliability</li> </ul>	Lisa Schilling All
9:10 AM	9:45 AM	Approach, evaluation and strategies that worked to improve the appropriate use of antipsychotics in Long Term Care: Alberta Health Services' Seniors Health Strategic Clinical Network's experience	Dennis Cleaver Mollie Cole
9:45 AM	10:00 AM	Break	
10:00 AM	12:00 PM	Phase 1: Determine Organizational Readiness for Spread <ul style="list-style-type: none"> <li>• Using your own spread project's readiness assessments</li> <li>• Test Case: How to use “readiness to spread” and “readiness to receive” assessments</li> <li>• Choosing a spread method based on readiness</li> <li>• Group exercise: complete assessment and report out</li> </ul>	Lisa Schilling Marie Schall
12:00 PM	12:45 PM	Lunch	
12:45 PM	2:00 PM	Phase 2: Develop a Plan <ul style="list-style-type: none"> <li>• Based on assessment create a plan for spread</li> <li>• Testing your way to full scale</li> <li>• Group exercise: What needs to be done before initiating a spread effort?</li> </ul>	Marie Schall
<b><u>Breakout Sessions</u></b>			
2:00 PM	4:00 PM	<b><u>Breakout Session 1:</u></b> <i>Attend this session if you are part of CFHI's QI collaborative or are interested in spreading an improvement to reduce inappropriate use of antipsychotic medication in LTC.</i>	<i>Facilitator: Terry Sullivan</i>  Cynthia Sinclair Lori Mitchell Kaye Phillips

		<p>How to implement and evaluate an effective practice to reduce inappropriate use of anti-psychotic medications in LTC</p> <ul style="list-style-type: none"> <li>• Resources, tools and techniques</li> <li>• Performance measurement</li> <li>• Implementation and evaluation plan</li> <li>• Discussion of spread plans</li> </ul> <p>Work time on your own spread projects; includes participant presentations of spread plans</p> <ul style="list-style-type: none"> <li>• State goal</li> <li>• Define end state of effort and audience</li> <li>• Describe spread method and why</li> <li>• Explain set up needed prior to spread</li> </ul>	
2:00 PM	4:00 PM	<p><b>Breakout Session 2:</b> <i>Attend this session if you are interested in spreading an improvement that does <u>not</u> focus on reducing inappropriate use of antipsychotic medication in LTC.</i></p> <p>How to determine readiness to spread an effective practice</p> <ul style="list-style-type: none"> <li>• Facilitated discussion and work on spread plans</li> </ul> <p>Work time on your own spread projects; includes participant presentations of spread plans</p> <ul style="list-style-type: none"> <li>• State goal</li> <li>• Define end state of effort and audience</li> <li>• Describe spread method and why</li> <li>• Explain set up needed prior to spread</li> </ul>	<p><i>Facilitator: Stephen Samis</i></p> <p>Lisa Schilling Marie Schall</p>
4:00 PM	4:10 PM	Transition to Plenary Room	
4:10 PM	4:45 PM	<p>Phase 3: Execute the Plan</p> <ul style="list-style-type: none"> <li>• Key considerations in execution</li> <li>• Creating an oversight system to monitor</li> <li>• Group discussion</li> </ul>	Lisa Schilling
4:45 PM	5:00 PM	Wrap-up	Stephen Samis
5:00 PM	6:00 PM	Reception	