FACT SHEET

REDUCING ANTIPSYCHOTIC MEDICATION USE IN LONG TERM CARE COLLABORATIVE

ABOUT THE COLLABORATIVE

Reducing Antipsychotic Medication Use in Long Term Care (LTC) is the first collaborative in CFHI's Spreading Healthcare Innovations Initiative. Collaboratives are programs that bring organizations together to make sustainable changes in a specific topic. CFHI will provide up to ten healthcare organizations with funding, coaching and mentoring, educational materials and tools, forums for sharing with other innovators and other support in a collaborative aimed at reducing inappropriate antipsychotic medication use in long term care. Change management, patient- and family-engagement, physician- and provider-engagement, and evaluation and performance measurement support will also be provided.

One in three long term care residents in Canada takes antipsychotic medications without a diagnosis of psychosis from a doctor. This collaborative will help participating organizations implement an innovation that has already proven successful at improving patient care in a Canadian healthcare organization.

THE INNOVATION

Through CFHI’s EXTRA program for healthcare improvement, Cynthia Sinclair and Joe Puchniak – at the time, Managers with the Winnipeg Regional Health Authority – designed an initiative to help multi-disciplinary teams of healthcare providers better use data from the Resident Assessment Instrument (RAI)/Minimum Data Set to identify patients who may benefit from non-drug therapies to treat behavioural issues associated with dementia. By training staff at one site to work together to provide a person-centered, non-pharmacological approach to managing behaviours associated with dementia, 27 percent of a cohort of residents was taken off antipsychotic medication without any increase in behavioural symptoms or a rise in the use of physical restraints. Over the course of six months, this innovation yielded cost savings that translate to a potential saving of $400,000 in six months across the region.

ELIGIBILITY

Canadian healthcare organizations – including healthcare service delivery organizations, regional health authorities and Local Integration Health Networks, government organizations and agencies, primary care office practices or physician groups, and community organizations (such as Community Care Access Centres in Ontario) – and ministries are eligible to apply.

FUNDING

CFHI is providing seed funding of up to $500,000 for this collaborative, among a maximum of 10 teams for direct costs related to the implementation of the innovation. This responds to what partners across Canada are telling us they need in order to kick start sustainable innovation at the service delivery level: seed money and program structure.
ABOUT THE EXPERTS

Faculty

Terrence Sullivan, PhD, Professor, Department of Health Policy, University of Toronto is academic co-ordinator for CFHI’s EXTRA program, independent board chair of the Canadian Agency for Drugs and Technologies in Health, Chair of Public Health Ontario, and former President and CEO of Cancer Care Ontario (CCO).

Cynthia Sinclair, RN is Special Projects Manager for the Winnipeg Regional Health Authority Personal Care Homes Program and currently completing her B.N. She has an Adult Education Certificate from the University of Manitoba and is also a Certified Diabetes Educator. She is a recent graduate of the Executive Training for Research Application Fellowship Program where her intervention project focused on using data collected with the MDS tool to improve quality care in the PCH sector and to inform decision-making and strategic planning at both the program and facility level.

Joe Puchniak, MSW, CHE is the CIHI (Canadian Institute for Health Information) Client Affairs Manager for Alberta. Prior to this, Joe was the Manager of RAI/MDS & Decision Support with the Long Term Care Program of the Winnipeg Regional Health Authority. Joe is a graduate of CFHI’s EXTRA program where he was co-lead of the improvement project being spread in this collaborative.

Jean-Louis Denis, PhD, is a Professor at the École Nationale d’Administration Publique (ÉNAP) and holds the Canada Research Chair on governance and transformation of healthcare organizations and systems at ÉNAP. He is a lead faculty with CFHI’s EXTRA program, the founding Lead Faculty for CFHI’s Atlantic Healthcare Collaboration and a researcher at the Institut de recherche en santé publique de l’Université de Montréal.

Lisa Schilling, RN, MPH, is National Vice President of Health Care Performance Improvement and Director of the Kaiser Permanente Improvement Institute.

Marie W. Schall, MA, Director, Institute for Healthcare Improvement (IHI), directs improvement and innovation projects focused on outpatient-based care and is responsible for IHI programming in this area.

Michael Gardam, MSc, MD, CM, MSc, CIC, FRCPC is Director of Infection Prevention and Control at the University Health Network, former Director of Infectious Disease Prevention and Control at Public Health Ontario, Physician Director of the Community and Hospital Infection Control Association Canada (CHICA), and National Lead of infection control collaboratives for Safer Healthcare Now!

Kaye Phillips, PhD is Director of Evaluation and Performance Improvement at the Canadian Foundation for Healthcare Improvement, bringing ten years of experience in applied research and evaluation to the position. Kaye is responsible for leading the design, implementation and integration of performance measurement and evaluation across CFHI’s programs and for providing support to our collaborative improvement teams as they generate on-going learnings and measurable results. Kaye holds a Ph.D. from the University of Toronto’s School of Social and Administrative Pharmacy and is an alumna of the Ontario Training Center in Health Services and Policy Research.
ABOUT THE SPREADING HEALTHCARE INNOVATIONS INITIATIVE

The Spreading Healthcare Innovations Initiative is focused on taking promising practices in healthcare delivery and spreading them more widely. The Initiative is comprised of two collaboratives, each focused on helping healthcare organizations implement a practice that has already proven successful at improving patient care in another organization.

ABOUT CFHI

The Canadian Foundation for Healthcare Improvement is a not-for-profit organization dedicated to accelerating healthcare improvement by working with provinces, territories and other healthcare partners to promote efficient healthcare that delivers better outcomes. With a $10 million annual federal investment, CFHI supports the development of innovations that could save provincial-territorial healthcare budgets over $1 billion per year. CFHI is funded through an agreement with the Government of Canada.

Visit cfhi-fcass.ca/innovation for more information.